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Full Length Research Paper

# Prevalence and associated risk factors of equine wound in and around Asella town, South Eastern Ethiopia

Nejash Abdela<sup>1\*</sup>, Endale Teshome<sup>1</sup>, Abdi Hassan<sup>2</sup> and Feyissa Begna Deressa<sup>1</sup>

<sup>1</sup>School of Veterinary Medicine, College of Agriculture and Veterinary Medicine, Jimma University, Jimma, Ethiopia P. O. Box. 307 Jimma, Ethiopia.

<sup>2</sup>College of Veterinary Medicine, Haramaya University, Ethiopia.

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Equines are essential in the farming and transport systems of many areas of developing countries including Ethiopia. However, their socioeconomic importance is often under recognized and they suffer from poor husbandry practices which threaten their welfare and health. Wound is main problem emanated from such practice that results in deviation of their health and welfare. Cross-sectional study was conducted from November, 2016 to January, 2017 with the objective to determine the prevalence and associated risk factors of wound in randomly selected equine in and around Assella town. Physical examination and semi-structured questionnaire were simultaneously employed to collect necessary information and possible risk factors. Out of 400 equines (278 horses and 122 donkeys) examined 250 were found to have wound on one or more of their body parts and the overall would prevalence was 62.5% of which 65.8% was in horses and 54.9% was observed in donkeys. Multivariable logistic regression analysis showed that the prevalence of wound was significantly higher in horse (65.8%) than donkeys (54.9%) (OR=3.509; 95% CI=1.505, 8.184, p= 0.004), the prevalence was higher in adult (66.6%) than in young equine (43.8%) (OR= 2.782, CI= 1.244, 6.225, p=0.013), in males (69.4%) than in females (42.1%) (OR= 4.192, CI=2.122, 8.281, p= 0.000), in poor body conditioned equines (97.0%) than in good body conditioned equines14.6% (OR=454.614, CI=124.291, 1662.829). Moreover, the prevalence of wound in relation to harnessing type was 69.3, 62.8 and 52% in grass, plastic and traditionally prepared leather, respectively. However, this variation was not statically significant (p= 0.111). There was significant variation in causes of wound between horse and donkeys and the wound caused by improper harness was highest ( $X^2$ =39. 357, P-=0.000) in both horses (35.55%) and donkeys (25%). Similarly, the owners response to the management of wound in horses and donkeys was significantly  $(X^2=15.308, p=0.032)$  different and the majority of donkeys (71.6%) and horses (65.5%) did not receive any help from their owners. This study revealed a high prevalence of equines wound in and around Asella town which indicate the prevailing situation of equine welfare and health problems. This strongly calls for a continuous awareness creation to equine owners on proper management and handling and improve their welfare and health thereby enhance the utilization and improve the livelihood of the community.

Key words: Equines, wound, prevalence, risk factors, Asella.

# INTRODUCTION

The equine population of the world is currently reported to be about 112.5 million of which 44.3 million donkeys, 58.5 million horses and the remaining are mules (FAO, 2013). The number of equines in Africa is in the range of 17.6 million comprising 11.6 million donkeys, 2.3 million mules and 3.7 million horses (Mulate, 2005). In the distribution pattern, 98% of all donkeys, 97% of all mules and 60% of all horses were noted to be found in developing countries (Fielding, 1991). Ethiopia possesses approximately half of Africa's equine population with 37, 58 and 46% from total of donkeys, horses and mules, respectively (FAO, 2003). The country ranks 8<sup>th</sup> in the world and there are about 7.88 million donkeys being the second largest donkey population in the world next to China, 0.41 million mules and 2.08 million horses (CSA, 2016).

Equines (donkeys, mules and horses) play an important role as working animals in many parts of the world, for packing, riding, carting and ploughing (Feseha et al., 1991). They have a prominent position in agricultural systems of many developing countries including Ethiopia (Feye and Bekele, 2016). Equine power is very crucial in both rural and urban transport system. This is because of its cheapness and availability and so provides the best alternative transport means in places where the road network is insufficiently developed and the landscape is rugged and mountainous and in the cities where narrow streets prevent easy delivery of merchandise (Feseha et al., 1991). In areas away from roads, many people use mules and donkeys to transport food and other supplies to villages (Yoseph et al., 2005). Horses involved in pulling carts often work continuously for 6 to 7 hours/day, carrying 3 to 4 persons in a single trip. Donkeys often are involved in more multipurpose activities than horses. They transport goods to and from markets, farms, and shops, travelling long distances (Biffa and Woldemeskel, 2006).

Despite the huge numbers of equine population and their invaluable contributions as an engine that power rural as well as urban economic development of the nation, equines in Ethiopia are the most neglected animals and little attention is given to study their health status. Equines suffer from a number of diseases including infectious and non-infectious throughout the globe affecting the health status (Sumbria et al., 2017). The information on the wound prevalence and associated risk factors are scarce at national level and in Assella in particular despite, the invaluable contribution of such study in exploring their welfare and health status. Therefore, the main objectives of this study were to determine the prevalence and associated risk factors of equine wounds in and around Asella town, south eastern Ethiopia.

#### MATERIALS AND METHODS

#### Study area

The study was conducted in Asella town of Arsi zone, Oromia region, which is located in South East of Ethiopia within 6° 59' and 8°49' latitude and 40°44' E longitudes and is located at 175 km South East of Addis Ababa. The town has an elevation of 2,430 m.a.s.l and characterized by mid subtropical temperature ranging from 5 to 28°C. The annual average rainfall is 1200 mm and mostly with clay type of soil and in rare case black soil (APEDO, 2007). The annual temperature range is 10 to 22.6°C. It has a daily maximum temperature that can reach up to 28°C and minimum temperature of 10°C (NMSA, 2013). Asella town and the surrounding farming community, has a total area of 300.21 km<sup>2</sup>. This, about 208.43 km<sup>2</sup> (69.4%) of the total area is agricultural land, 40.61 km<sup>2</sup> (13.5%) pastoral land, 6.74 km<sup>2</sup> (2.3%) forest, 39.34 km<sup>2</sup> (13.5%) land for construction and 5.08 km<sup>2</sup> (1.69%) non-fertile land (ABTW, 2010/2011).

#### Study design and study population

A cross-sectional study design was employed from November, 2016 to January, 2017 for assessing the prevalence and associated risk factors of equine wound in and around Asella town. The study population include local breed of equines (horses and donkeys) population found in and around Assella town. The population comprise horses and donkeys of different sex, age, and body condition.

#### Sample size determination and sampling technique

The sample size for the study was calculated using the formula given by Thrusfield (2007) based on the expected prevalence of 50%, with 95% confidence interval and 5% absolute level of precision. Accordingly, the required number of animals was 384. However, to increase precision the sample size was increased to 400. Simple random sampling method was used for selecting study population.

#### Study methodology

Each of the selected equines was physically examined to check for any grossly visible wounds. Furthermore, the age and body condition determination were performed during physical examination. The age of the selected equines were determined by inspecting and estimating the incisor eruption times (Crane, 1997; Svendsen, 1997). Equines were grouped into two age categories namely young (< 5 years) and adult (>5 years). The body condition was scored as poor, medium and good as described by Carroll and Huntington (1988) and Svendsen (1997).Wounds were classified as

\*Corresponding author. E-mail: nejash.abdela@gmail.com. Tel: +251924124547.

Author(s) agree that this article remain permanently open access under the terms of the <u>Creative Commons Attribution</u> <u>License 4.0 International License</u> abrasion when it involves superficial denuding of the epidermis with minimal (capillary) bleeding and usually some serum/plasma exudation. Non-penetrating wounds of the skin that arises from abrasion against a rough or hard object such as a road surface were considered as abrasion. Moreover, the wounds in the skin and hoof that arises from sharp objects such as nails, glass shards, or other foreign bodies that penetrate and generally look minor by making small skin tears or holes were categorized as puncture wound. Furthermore, a wounds with sharp defined margin and caused by sharp metal or glass in which the skin is cut cleanly with minimal tearing and bruising of the wound margins were categorized as incision wounds whereas, the traumatic tearing of the skin in an uncontrolled direction was considered laceration as described by Knottenbelt (2003). Wounds were also classified as severe when there was ulceration involving a pronounced contusion in wide areas, tissue hypertrophy and sever complication. A wounds involving coalition of small wound with tissue sloughing involving no complication and hypertrophy and some with chronic courses were categorized as moderate wounds. Furthermore, the wounds that involve only loss of epidermis and superficial layers with no further trauma were categorized as mild according to classification used by Biffa and Woldemeskel (2006). In addition to physical examination a semi-structured questionnaire was also developed to collect data, including harnessing type, intensity of wound, cause of wound, and owners' responses with regard to the management of wounds.

#### Data management and analysis

The data was entered and edited in a Microsoft Excel spread sheet and analysed using Statistical Package for Social Sciences version (SPSS) 20. Descriptive statistics was used to determine frequencies and percentages of the data. Prevalence of wounds related to specific risk factors was determined as the proportion of would positive animals out of the total sample. Specific category frequency of a given factor was computed as the proportion of cases out of the total cases of that hypothetical factor. The strength of association of factors to occurrence of wounds was investigated using multivariable logistic regression. The 95% confidence interval of OR and p-values were used to describe statistical significance associations and value of p<0.05 was considered as significant. Furthermore, chi-square test was used for determining difference between horse and donkey in relation to wound by type and intensity, distribution, causes and owners' responses to the management of wound.

#### RESULTS

In this study a total of 400 equines (278 horses and 122 donkeys) were investigated to determine the prevalence and associated risk factors of wound. The overall prevalence of 62.5% was recorded of which 65.8% was from horses and 54.9% from donkeys. In this investigation, significantly higher prevalence of wound was observed in horse (65.8%) than in donkeys (54.9%). Furthermore, the age of animals was also found to be statistically significantly associated with wound prevalence being higher in adult (66.6%) than in young (43.8%). Adult animals were 2.782 times more likely to be positive of wound than young (Table 1). The prevalence of wound based on sex was 69.4% and 42.1% in males and females respectively. This variation was also statistically

significant being higher in male (69.4%) which was 4.192 times more likely to be wound positive than female (42.1%). The association of body condition with occurrence of wound was found to be significant (p= 0.000) and highest in poor body conditioned equines (97.0%) 454.6 followed by medium body conditioned equines (58.5%) which were 15.240 times more likely to be wounded than good body conditioned equines (Table 1). The prevalence of wound in relation to harnessing type was 69.3, 62.8 and 52% in grass, plastic and traditionally prepared leather, respectively. However, this variation was not statically significant (p=0.111) despite the observation of highest wound prevalence in grass harnessing type (OR=2.205, CI=0.821, 5.925) and plastic harnessing type (OR=0.876, CI=0.324, 2.367) than traditionally prepared leather. The prevalence of wound in relation to harnessing type (plastic, grass and traditionally prepared leather) is summarized in Table 1.

Abrasion was the most frequently observed wound type in both horses (50.2%) and donkeys 55.2%) and followed by lacerative (35.2%), puncture (9.6%) and incision wound (3.6%). Furthermore, moderate wounds were most frequently observed than other wound severity in both horses and donkeys which was 62% of the cases. No significant difference in both type and intensity of wound was observed between horse and donkeys (p>0.05).The proportion of wound by type and intensity was summarized in Table 2.

In the examined equines wound was frequently observed on wither (23.6 %) and followed by back and shoulder (Figure 1) wound which account for about 15.6 and 12% of the wound distribution respectively. However, no significant difference (p>0.05) was observed between horse and donkey in relation to distribution of wound on various body parts. No single wound was observed on pre scapular area of donkeys compared to 1.6% in horses. Wound on mixed area (distributed in different area) accounts for 22.4% of wound observed in horse. The distribution wound on various body parts is summarized in Table 3.

There was significant variation in causes of wound between horse and donkeys and the wound caused by improper harness was highest ( $X^2$ =39. 357, P-value= 0.000) in both horses (35.55%) and donkeys (25%). The next leading cause of wound was infectious disease in horses (11.4%) and overworking (19.4%) in donkeys. None of the observed donkeys had wound caused by nail piercing (Table 4). In addition owners response to the management of wound in horses and donkeys are significantly ( $X^2$ =15.308, P-value 0.032) different, majority of donkeys (71.6%) and horses (65.5%) did not receive any help from their owners. The owner's responses to the management of wound are summarized in Table 5.

## DISCUSSION

This study revealed an overall prevalence of 62.5% of

Diele fe sterre		Number Wound Prevalenc		Prevalence	Univariable			Multivariable		
RISK factors		examined	positives	(%)	OR	(95% CI)	P- value	OR	95% CI)	P- value
Species	Horse	278	183	65.8	1.581	1.0, 2.4	0.039	3.509	1.5, 8.2	0.004
	Donkey	122	67	54.9						0.004
Sex	Male	298	207	69.4	3.121	2.0, 5.0	0.000	4.192	2.1, 8.3	0.000
	Female	102	43	42.1						
Age	Young	73	32	43.8	2.562	1.5, 4.3	0.000	2.8	1.2, 6.2	0.010
	Adult	327	218	66.6						0.013
5 .	Poor	136	132	97.0	195.250	60.7, 627.7		454.6	124.3, 1662.8	
Body Condition	Medium	181	106	58.5	8.362	4.239, 16.5	0.000	15.2	7.1, 32.9	0.000
	Good	83	12	14.6						
Harnessing Type	Plastic	288	181	62.8	1.561	0.9, 2.9		0.9	0.3 2.4	
	Grass	62	43	69.3	2.089	1.0, 4.5	0.168	2.2	0.8 5.9	0.111
	Traditionally prepared leather	50	26	52						

Table 1. Logistic regression analysis output of factors associated with equine wound in and around Assela town, South Eastern Ethiopia.

equine wound in and around Assela town which is in agreement with the finding of study by Fikru et al. (2015) who reported an overall prevalence of 64% in and around kombolcha town. The result of current study is higher than the finding of Tesfaye et al. (2015) who reported 30.3% in and Around Mekelle town, Northern Ethiopia and result of Usman et al. (2015) who reported 37.9% of equine wound prevalence in and around Batu Town, East Shoa, Central Ethiopia, However, this finding is lower than the reports of Biffa and Woldemeskel (2006) who reported 72.15% of equine wound prevalence in Hawassa town, Southern Ethiopia. This variation might be due to difference in husbandry practices and health care given by the owner to their equines among the study area.

Similar to the report of Fikru et al. (2015) the present study showed higher prevalence of wound

in horse (65.8%) than donkeys (54.9%). This could possible associated higher ability of donkey to survive in harsh condition and less susceptibility to infectious disease than horse. Furthermore, this may be due to the fact that horses are more commonly used in cart than donkeys which may expose them to different cause of wound like nail piercing and higher number of horse included in this study might also be associated with higher prevalence of wound in horse.

This study revealed higher prevalence of wound in horses as compared to a study conducted in Mekelle, Northern Ethiopia (Sisay, 2013) who reported 25% prevalence of wound in cart horses. However, this result is almost similar with result of Biffa and Woldemeskel (2006) and Fikru et al. (2015) who reported 65.4 and 64.20% prevalence in Hawasa and Kombolcha town, respectively.

The prevalence in donkey was comparable with finding of Herago et al. (2015) who reported 58.6% in Wolaita SoddoZuria district. However, this finding is higher than the result of Tsega et al. (2016) and Birhan et al. (2014) who reported 30.3 and 42.2%, respectively. Furthermore, this study revealed lower prevalence of donkey wound than the result of Fikru et al. (2015) and Biffa and Woldemeskel (2006) who revealed 63.40 and 79.4%, respectively. This variation in prevalence could be associated with variation in husbandry and management practice at deferent study area. In this study the age of animals was found to be significantly associated with wound prevalence being higher in adult (66.6%) than young (43.8%). This finding is in agreement with Biffa and Woldemeskel (2006), Birhan et al. (2014) and Fikru et al. (2015) who reported significantly higher prevalence in adult than young. This could.

Deverator		Frequency and proportion				
Parameter		Horse	Donkey	Total	X <sup>2</sup>	<i>p</i> -value
	Abrasion	92(50.2%)	37(55.2%)	129(51.6%)	10.0	
Turne of wound	Lacerative	70(38.2%)	18(26.8%)	88(35.2%)		0.00
Type of wound	Puncture	16(8.7%)	8 (11.9%)	24(9.6%)		0.92
	Incision	5(2.7%)	4(5.9%)	9(3.6%)		
0 11 1	Mild	27 (14.7%)	11(16.4%)	38(15.2%)		
Severity of	Moderate	109(59.5%)	46(68.6%)	155(62%)	7.3	0.063
woulld	Severe	47 (25.6%)	10 (14.9%)	57(22.8%)		

Table 2. Proportion of wound by type and severity.

Table 3. Distribution of wound on various body parts.

Position of wounds	No. of horse (%)	No. of donkey (%)	Total (%)
Wither	37 (20.2)	12(17.9)	59(23.6)
Flank	7(3.8)	3(4.4)	10 (4)
Head	11(6.0)	2(2.9)	13 (5.2)
Neck	4(2.1)	1(1.5)	5(2)
Shoulder	19 (10.3)	11(16.4)	30(12)
Chest	17(9.2)	9(13.4)	26(10.4)
Front Limb	10(5.4)	5(7.4)	15(6)
Pre scapular	3(1.6)	0(0)	3(1.2)
Back	26(14.2)	13(19.4)	39(15.6)
Abdomen	3(1.6)	2(2.9)	5(2)
Hind Limb	5(2.7)	3(4.4)	8(3.2)
Mixed	41(22.4)	6(8.9)	47 (18.8)
Total	183	67	250

X<sup>2</sup> = 14.826; P-value = 0.251.

Table 4. Causes of wound in horses and donke	ys
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Causes of wound	No. of horse (%)	No. of donkey (%)	Total (%)
Improper harness	65 (35.5)	17(25)	81(32.4)
Saddle design	10(5.4)	11(16.4)	21(8.4)
Overloading	3(1.6)	5(7.4)	8(3.2)
Overworking	21(11.4)	13 (19.4)	33(13.2)
Infectious disease	41(22.4)	4(5.9)	45(18)
Nail piercing	9(4.9)	0(0)	9(3.6)
Biting	2(1.1)	6(8.9)	8(3.2)
Cauterization	2(1.1)	0(0)	2(0.8)
Unknown	8(4.3)	5(7.4)	13(5.2)
Multi factorial	22(12.0)	6(8.9)	28(11.2)
Total	183	67	250

X<sup>2</sup> = 39. 357; *P*-value= 0.000.

be due to the fact that adult animals exposed to different types of diseases and stress in their entire life which may

affect the normal process of wound healing. Furthermore, adult were made to carry heavy loads over long distances

Table 5. Owners	' responses	to the	management	of wound.
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Causes of wound	No. of horse (%)	No. of donkey (%)	Total
Take to nearby veterinary clinic	35(19.1)	6(8.95)	41(16.4)
Use sulphuric acid	8(4.3)	4(5.9)	12(4.8)
Use burned oil	12(6.5)	1(1.5)	13(5.2)
Take to local healer	4(2.1)	4(5.9)	8(3.2)
Treat with medicinal plants	4(2.1)	3(4.4)	7(2.8)
Treat with medications purchased from local market	0(0)	1(1.5)	1(0.4)
Do nothing	120(65.5)	48(71.6)	168(67.2)
Total	183	67	250

X<sup>2</sup> = 15.308; *P*-value 0.032







Figure 1. Wound on different body part of equine photographed during study period.

and hours this may expose them to wound The result of this study shows that the prevalence of equine wound was significantly associated with their sex and higher number of wound was observed in male (69.4%) than female (42.1%) (*P*=0.000). This result is also supported by Satessa and Lemma (2014) who reported significantly higher prevalence in males than females. This could be associated with work type since males are involved in works that predispose them to wound like cart pooling and they also suffer from overloading that lead to falling and consequently exposing them to wound. Furthermore, the higher number of male considered in this study could also be the possible reason.

In this study the association of body condition with occurrence of wound was significant (p= 0.000) and poor body conditioned animals are 454.614 times more likely to be wounded than good body conditioned (Table 1). This finding is in agreement with the report of Birhan et al. (2014) and Tsega et al. (2016) who reported significant difference between poor and good body conditioned

equine. Furthermore, Pearson et al. (2000) and Mekuria et al. (2013) indicated that poor physically conditioned equines mainly due to malnutrition are the leading causes of sores in equine. The probable reason for such association is due to equine with a poor body condition score may have less natural padding protecting them from pressure, friction and shear lesions caused by saddle. Less owners' attention to wound management and reduced immune defence mechanism of an animal with age advancement might also be the possible cause.

Similar to the finding of Fikru et al. (2015) abrasion was the most frequently observed wound type in both horses (50.2%) and donkeys 55.2%) and followed by lacerative (35.2%), puncture (9.6%) and incision wound (3.6%). There was significant variation in causes of wound between horse and donkeys and the wound caused by improper harness was highest in both horses (35.55%) and donkeys (25%).

This in line with other reports from peri-urban areas of Ethiopia such as Gondar North(Biffa and Woldemeskel, 2006), Mekelle (Helen, 2001) and Northern Ethiopia (Sisay, 2013).

With regard to wound management, the majority of equine owners did not receive any help from their owners which was in agreement With the finding of Biffa and Woldemeskel (2006) and Fikru et al. (2015) who similarly reported a widely existing equine welfare problem in Kombocha and Hawasa town, respectively.

# Conclusion

This study revealed a high prevalence of equines wound in and around Assela town. Improper harnessing and infectious diseases were the major leading cause of the wound. Despite the significant role they have in day to day life of community the majority of equine did not receive any help from their owners while wounded. This strongly calls for a continuous awareness creation to equine owners on proper management and handling and improve their welfare and health thereby enhancing the utilization and improve the livelihood of the community. Furthermore, policies and legal frameworks that support animal welfare issues and inspect animal facilities should be promoted in order to ensure animal welfare issues.

# **CONFLICT OF INTERESTS**

The authors have not declared any conflict of interests.

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