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# TMPRSS6- Mutation in Iron Deficiency Anemia: A Review

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#### Authors' contributions

This work was carried out in collaboration among all authors. 'All authors read and approved the final manuscript.

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**Review Article** 

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# ABSTRACT

**Introduction:** Iron is one of the metals involved in a variety of physiological reactions, including the construction of haemoglobin, which transports oxygen to the tissues. Chronic blood loss or insufficient food intake are the most common causes of iron insufficiency.. A germline mutation in TMPRSS6, which encodes type two transmembrane serine protease generated by the liver and helps regulate the expression of systemic iron, can induce anaemia that is resistant to oral iron treatment.

**Structure:** The plasma membrane is cleaved by TMPRSS6 in vitro. The signalling mechanism required for iron-dependent hepcidin transcription regulation is thought to be downregulated by TMPRSS6. They also investigated whether the robust physiologic inducer of hepcidin, iron, can affect TMPRSS6 mRNA levels in vivo, as one of the most important activators of hepcidin expression in vitro and in vivo.

**Role of TMPRSS6:** Overexpression of normal TMPRSS6 protein reduces Hamp promoter activity, and the TMPRSS6 cytoplasmic domain mediates Hamp suppression via the proximal promoter element. TMPRSS6 polymorphisms are more common than mutations and have been linked to variations in iron and hematologic markers.

**Conclusion:** Because TMPRSS6 is linked to haematological factors, it is essential for maintaining

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iron homeostasis and proper erythropoiesis. Overproduction of hepcidin is caused by the TMPRSS6 mutation, which contributes to poor iron absorption and utilisation. Patients with poor transferrin saturation, normal ferritin levels, high amounts of hepcidin molecules, and a family history of iron deficiency anemia should be aware of TMPRSS6 gene mutations.

Keywords: TMPRSS6; hepcidin; protein; iron deficiency; innovative technique and Eco friendly; innovative technique.

# 1. INTRODUCTION

Iron is one of the metals involved in a variety of physiological reactions. including the construction of haemoglobin, which transports oxygen to the tissues. It reveals that iron deficiency is frequently linked to chronic blood loss or insufficient food intake. Anemia resistant to oral iron therapy can be caused by a germline TMPRSS6, mutation in а type two transmembrane serine protease generated by the liver that aids in the regulation of systemic iron expression. TMPRSS6 is essential for human systemic iron homeostasis [1]. Hepcidin discovery revealed the control of iron metabolism, and investigations on animals over the last few years have revealed its critical function in iron metabolism regulation. Hepcidin, which governs iron absorption and recycling, is one of several genes that regulates body iron metabolism [2]. The TMPRSS family contains sixteen genes, and mutations in TMPRSS 1, 2, 3, and 5 are linked to nonsyndromic deafness and cancer aetiology. Hepcidin levels that are too high inhibit duodenal iron absorption as well as macrophage heme iron recycling [3-5].

The first gene-regulating hepcidin, TMPRSS6, encodes a negative regulator of hepcidin expression, a mutation that causes chronic iron deficiency anemia. Hepcidin expression is influenced by iron, hypoxia, inflammatory signals, and erythropoietic demand. Iron administration usually increases hepcidin expression; however, the TMPRSS6 mutation results in excessive hepcidin production and, as a result, insufficient iron absorption. It's uncertain whether TMPRSS6 mutations create excessively high levels of hepcidin. The most straightforward explanation is that TMPRSS6 ordinarily cleaves a protein that inhibits hepcidin synthesis, secretion, or clearance in oron hepatocytes [6]. Mutations in the TMPRSS6 gene are the root cause of the disease. Normally, the TMPRSS6 gene produces matriptase-2, a transmembrane serine protease that inhibits the formation of hepcidin iron regulatory protein. Ferroportin, the main iron source, is equalised by hepcidin. Matriptase-2

protein cannot be generated when the TMPRSS6 gene is mutated. As a result, hepcidin levels rise, inhibiting ferroportin. Despite the existence of iron storage, the iron that is unable to enter the systemic circulation causes iron deficiency anemia, which is resistant to oral iron therapy [7].

Individuals with or without other predisposed factors may be affected by TMPRSS6 mutations. which can lead to iron deficiency anemia. In humans, TMPRSS6 modulates hepcidinlevels and could be useful in the treatment of iron problems. Inhibition of TMPRSS6's putative protease activity, for example, could be used to treat illnesses in which hepcidin levels are abnormally low, such primary as hemochromatosis and iron loading anemias [8,9]. The use of hepcidin as a biomarker for iron metabolism regulation Expression of hepcidin is triggered by inflammation. This may be due in part to a host defense mechanism designed to protect against infection and cancer by limiting the iron available, withhepcidinpredominantly in the liver. In addition, hepcidin expression is triggered by inflammation. This may be due in part to a host defense mechanism designed to protect against infections and cancer by limiting the iron available. Downregulation of hepcidin requires the presence of the TMPRSS6 gene [10]. Our team has extensive knowledge and research experience that has translated into high quality publications [11-30]. The aim of this study is TMPRSS6- Mutation in iron deficiency anemia.

#### 2. STRUCTURE

TMPRSS6 cleaves hemojuvelin from the plasma membrane in vitro. The signalling mechanism required for iron-dependent hepcidin transcription regulation is hypothesised to be down-regulated by TMPRSS6. In addition to determining if one of the most important activators of hepcidin expression, iron, can affect TMPRSS6 mRNA levels in vivo, they also investigated whether iron, a robust physiologic inducer of hepcidin, can modulate TMPRSS6 mRNA levels *In vitro* and *In vivo* [8].The matriptase-2 protein is made using instructions from the TMPRSS6 gene. This protein is a component of a signalling system that regulates the amounts of hepcidin, a crucial regulator of iron balance in the body [31].

The TMPRSS6 gene encodes matriptase-2, a type II transmembrane serine protease. Matriptase-2 is structurally and functionally identical to matriptase-1, a protein linked to cancer progression. Matriptase-2 was discovered to be responsible for iron homeostasis after phenotypes of iron-refractory iron deficiency anemia were discovered in mice models [32,33].

## 3. ROLE OF TMPRSS6

Polymorphisms in the TMPRSS6 gene are more common than mutations, and they've been linked to differences in iron and hematologic factors [34,35]. The cytoplasmic domain of TMPRSS6 regulates Hamp inhibition via the proximal promoter region, and overexpression of the normal TMPRSS6 protein reduces Hamp activation. TMPRSS6 is an important component of the system that detects iron deficiency and inhibits hump transcription, enabling better absorption of iron in the diet [36].

Mutations in the TMPRSS6 gene, which encodes Matriptase2, a negative regulator of hepcidin transcription, induce iron resistant iron deficiency anaemia (IRIDA). IronRefractory Iron Deficiency Anemia and Microcytic Anemia are both classified as TMPRSS6. The extracellular matrix degradation and the Hfe effect on hepcidin synthesis are two linked mechanisms. Hepcidin binds to ferroportin and causes its internalisation and degradation, making it a key regulator of iron homeostasis. Hepcidin levels that are too high inhibit duodenal iron absorption as well as macrophage heme iron recycling [37].

TMPRSS6 is found primarily in the liver and suppresses hepcidin, a systemic iron-regulating hormone. The TMPRSS6 (Transmembrane Serine Protease 6) gene encodes matryptase 2, a hepcidin regulator that is involved in iron homeostasis and may be involved in breast cancer susceptibility. Increased expression of the TMPRSS6 gene in cancer tissues suggests that tryptase 2 is effective in the cancer process. As a result, TMPRSS6 gene polymorphisms can affect disease processes by altering patient blood parameters [36,38].

#### 4. DEMERITS

Patients with a tendency to iron deficiency, such as celiac disease patients and fertile women, may be at risk for TMPRSS6 polymorphisms.

# **5. CONCLUSION**

Because TMPRSS6 is linked to haematological factors, it is essential for maintaining iron homeostasis and proper erythropoiesis. Overproduction of hepcidin is caused by the TMPRSS6 mutation, which contributes to poor iron absorption and utilisation. Patients with poor transferrin saturation, normal ferritin levels, high amounts of hepcidin molecules, and a family history of iron deficiency anemia should be aware of TMPRSS6 gene mutations.

## CONSENT

It is not applicable.

## ETHICAL APPROVAL

It is not applicable.

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#### **COMPETING INTERESTS**

Authors have declared that no competing interests exist.

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